

**Clinic Director** Thomas E. Brown, Ph.D.

Associate Director Rvan J. Kennedy, DNP, FNP-C

500 S. Sepulveda Blvd., Suite 218 • Manhattan Beach, CA 90266

#### What is the Brown Clinic?

*The Brown Clinic for Attention & Related Disorders* is an outpatient, private practice located in Manhattan Beach, California. Our doctors are specialists with years of expertise in evaluating and treating patients of all ages. Our doctors actively participate in research, writing for publications in scientific journals & books, and frequently present at universities and professional conferences in the U.S. and across the globe. Our mission is improve the lives of our patients, teach students, professionals, parents, & caregivers how to better understand and support those with ADHD.

#### **Payment for Services**

We only accept direct pay from patients and full-payment is due at the time services are rendered. Our clinic is "out-of-network" therefore we do not accept insurance for payment of any services. Patients with Medicare (Part B beneficiary) are required to sign an agreement form for not requesting reimbursement from Medicare, and agree to pay for our services in full regardless of Medicare fee limitations and regulations, which do not apply to our practice.

#### **Fees for Appointments**

Initial diagnostic evaluations are 3 hours and billed for \$1,500. Follow-up appointments are booked by the hour at a flat rate for Dr. Brown (\$400/hr) and Dr. Kennedy (\$300/hr).

# **About our Patients:**

We accept new patients from 3 years old to over 70 years old, and treat patients locally and internationally. We require new patients under 18 to come with at least one parent/guardian; and for any new adult patients, we encourage you to bring a spouse/partner, family member or close friend to provide additional perspective of the patient's presenting difficulties.

# **Our Intake & Evaluation Process for NEW PATIENTS**

All new patients are required to be screened through a scheduled intake call and registration process. Then we will help schedule the initial 3-hour comprehensive diagnostic evaluation, which covers psychiatric and psychological assessments for children, teenagers and adults who are suspected of having or previously diagnosed with ADHD and/or related problems. Patients may request a brief letter for the evaluation/diagnostics, & treatment recommendations; please provide us at least 2 to 4 weeks advance notice.

# Follow-Up Appointments for ESTABLISHED PATIENTS

Established patients may self-schedule with their doctor Online or by calling the office. We offer individual appointments for psychotherapy/ CBT, parent meetings for behavior management and supporting executive function skills, patient and family sessions. The appointment frequency is individualized according to your doctor's recommendations, however we can accommodate weekly, bi-weekly, monthly or as needed follow-up visits in-person or Online via ZOOM.

Medication management appointments can only be scheduled with Dr. Kennedy, if he has availability for taking new patients. All new patients must be seen in-person for initial evaluations with Dr. Kennedy; afterwards, ZOOM sessions for established patient may scheduled for 1-hour follow-up medication management appointments. If a patient that we have evaluated is recommended for treatment with medications, we can offer a letter or call to your doctor's office with our medication recommendations to assist the patient's healthcare provider. We will be able to assist in monitoring medication response, if that is agreeable to the prescriber.

# **Psychological Testing**

For patients who request psycho-educational testing, the total length of time typically requires 3-8 hours to complete testing, and includes time needed for data entry, analysis, interpretation and report preparation. Such testing often requires time to prepare and write a full narrative summary, or 5-8 pages for the complete report. The total cost depends on the amount of time to complete testing and a separate fee applies for the amount of time to complete a written report. The narrative report includes information from the Initial Diagnostic Evaluation, follow-up sessions, past/present psychological testing. These reports serve to establish eligibility for work and academic accommodations, including standardized testing for school or professional credentialing. We provide patients a form which includes detailed information about this service. To schedule this service, please contact us and we will provide an estimate of the total cost for your review. We require your signature and pre-payment for the estimated cost. Please contact your health insurance plan prior to scheduling this service to inquire about reimbursement.

OFFICE HOURS: 9:00 am - 5:00 pm, Monday to Friday (closed on weekends & Holidays).